



Sydney Uni
Swimming

Sydney University Swimming Club Members Handbook

2020/21

Sydney University Sports & Aquatic Centre
Corner of Codrington Street & Darlington Lane,
Darlington NSW 2008



sydneyuniswimmingclub.com



[@sydneyuniswimming](https://www.instagram.com/sydneyuniswimming)



[@sydneyuniswimclub](https://www.facebook.com/sydneyuniswimclub)

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Welcome to our Club

We warmly welcome you and your family to Sydney University Swimming Club, our Lion's Pride



Background

Sydney Uni Swimming Club was established in 1998 by Olympic coach, Brian Sutton.

Sydney Uni Swimming Club is one of the many sporting clubs operating under the umbrella of Sydney Uni Sport & Fitness (SUSF). The club is a competitive club and caters for swimmers of all ages and abilities, training under SUSF Coaches at the Sydney Uni Sport & Aquatic Centre in Darlington.

Sydney Uni Swimming Club encourages all members to enjoy swimming as a sport and to enjoy being part

of a successful and happy team of dedicated athletes. Sydney University Swimming Club encourages leadership for all athletes and as one of the many University Clubs, SUSF encourages our University student members to nominate for committee positions.

Sydney Uni Swimming Club includes Multi-class swimmers. Club members with disabilities are welcome to compete at all club events. The club integrates MC Swimmers in Club Night events, rather than to run those events separately.

Sydney Uni Swimming Club has had a long successful history with many swimmers competing at an international level and having national team representation, including:

Andrew Abood, Matthew Abood, David Cater, Mitchell Donaldson, Matt Dunn, Michelle Engelsman, Chris Fydler, Elka Graham, Brett Hawke, Sarah Hilt, Matt Jaukovic, Scott Miller, Melissa Mitchell, Stephen Parkes, Katrina Porter, Keiran Qaium, Phil Rodgers, Sarah Rose, Prue Watt, Hayley Abood (nee White) and most recently William Yang and Cormac Guthrie.

MEN'S TEAM			WOMEN'S TEAM			
Name	Date	Time	EVENT	Time	Date	Name
Matthew Abood	01.03.2014	2:18.4	50 Freestyle	25.45	28.02.2014	Melissa Mitchell
Matthew Abood	04.04.2011	48.69	100 Freestyle	55.18	01.04.2014	Melissa Mitchell
Mitchell Donaldson	27.02.2015	1:48.64	200 Freestyle	1:58.54	24.07.2004	Elka Graham
Joshua Hertz	07.04.2016	3:54.69	400 Freestyle	4:08.60	20.07.2003	Elka Graham
Cormac Guthrie	01.12.2019	8:17.83	800 Freestyle	8:45.20	18.02.2005	Elka Graham
Joshua Hertz	14.04.2016	15:37.44	1500 Freestyle	17:26.65	16.11.2019	Frances Shires
Te Haumi Maxwell	15.02.2014	26.34	50 Backstroke	28.71	26.04.2013	Hayley Abood
William Yang	09.06.2019	54.46	100 Backstroke	1:01.08	26.04.2013	Hayley Abood
Keelan Bridge	23.01.2016	2:00.97	200 Backstroke	2:10.88	26.04.2013	Hayley Abood
Phil Rogers	24.03.2001	28.89	50 Breaststroke	31.95	16.11.2019	Jaycee Yegher
Daniel Tranter	03.04.2015	1:01.53	100 Breaststroke	1:07.98	16.11.2019	Jaycee Yegher
Jesse King	03.04.2015	2:18.71	200 Breaststroke	2:28.77	17.11.2019	Jaycee Yegher
William Yang	09.07.2019	23.32	50 Butterfly	27.15	01.04.2011	Emma Grey
Nathanial Romeo	01.04.2011	52.51	100 Butterfly	59.43	26.04.2013	Nicole Mee
Keiran Qaium	07.04.2016	1:56.84	200 Butterfly	2:10.71	26.04.2013	Nicole Mee
Daniel Tranter	03.04.2015	1:58.73	200 Medley	2:18.54	03.04.2015	Meagan Ramsay
Kazimir Boskovic	03.04.2015	4:19.12	400 Medley	4:51.47	03.04.2015	Meagan Ramsay

This record board produced from the proceeds from the following during the 2019 Sydney University Swimming Alumni & Supporters Dinner: Anna Goodman, Joel Maybury, Menouza Kowalki, Jesse King, Te Haumi Maxwell, Phil Kanaley, Richard Dil-Macky, Jana Guthrie, Alana Robinson, Ed Smith, Olivia Farish, Paul Pollard, Michael Fathallah, Nicole Morris, Ben Lindsay, Samantha Izzard, Keelan Bridge and Paul Bruce.

Recently the Club commissioned the production and installation of this Record Board at our pool to recognise our Open athletes and their record-breaking performances.

Sydney Uni Swimming Club – Our Lion's Pride

Growing Champions in and out of the water



Purpose

To maintain an environment where our Swimmers are provided with competition, camp and training opportunities, together with our support can achieve their full potential.



Respect

We demonstrate respect for Ourselves, our Club, our Environment, our Competitors, the University and the entire Swimming Community.



Individuality

We embrace differences, disability and diversity whilst working towards common team goals. Many individuals make up the Pride and we focus on what we can do to contribute.



Dedication

We are committed to the Pride, we understand what it means to belong to it and are proud to represent it and what it stands for. We pride ourselves on our hard work towards the common goal.



Enjoyment

We love what we do and how we do it. We celebrate team and individual success together both in and out of the water.

Our Coaching Team



PAUL BRUCE Head Coach

Paul commenced full time as Head Coach – Sydney University Swimming in January 2019.

He is Australian Swim Team Coach #117, holding a Gold Licence Swimming Coach accreditation, with an Executive Certificate in Athlete and Career Management.

Paul brings a wealth of Coaching and Swimming experience to Sydney Uni Swimming, having been a Coach, Sports Administrator and Board Member at all levels and disciplines within the sport of swimming for over 25 Years.

Paul has held positions with several swimming clubs throughout his career, commencing with establishing the Tuggeranong Vikings Swim Club in the ACT from 1991 to 1996, and his international stint in Canada from 1997 to 2001, before returning to Australia and Coaching the Wagga Wagga Swim Club until 2004.

It was following the 2004 Olympics that Paul was recruited to Swimming Australia in a Coach & Athlete Development role that saw him also work as an Assistant Coach at the Australian Institute of Sport leading into the 2008 Beijing Olympics.

Following that experience, Paul returned to full time coaching in Western Australia creating the opportunity to work with a team of athletes competing on the international stage including multiple World Cups, the 2014 Commonwealth Games, Pan Pacific and Para Pan Pacific Championships then culminating in his

selection as a Coach to the New Zealand Team for the 2016 Rio Olympic Games.

Paul was awarded an Australian Swimming Coaches & Teachers Association Award for outstanding coaching achievement for Coaching athletes to National or International medal winning performances in Age Group, Open, Multi Class and Open Water Swimming in the one year and was named Swimming WA's Coach of the Year in 2015.

Paul returned to the east coast of Australia taking up the Director of Swimming role with the City of Sydney at the end of 2016 before returning to his true passion of Coaching here at Sydney University in January 2019.



I have big plans for our Lion's Pride here at Sydney Uni Swimming, many of which have started to come to fruition. I'm confident we have the right coaching personnel in place, a great mix of University Students and Swimming Parents on our Management Committee, an improved squad progression pathway, and the continued financial and facility access support from SUSF to ensure our athletes success, both in and out of the water."

**– Paul Bruce | Head Coach
Sydney Uni Swimming**



JAKE HODGETTS

National & State Age Coach

Jake is the National & State Age Coach at Sydney University. Jake has had a passion for swimming since a very young age and throughout his early career he won numerous NSW Age Titles and held several NSW State All-Comers Records. In 2012, after successfully medalling in two events at the Australian Age Nationals, Jake was selected as part of the Junior Australian Swim Team.

After many years of competing at Australian Open Nationals between 2012 to 2017, Jake decided to retire from competing and took up an internship at the New South Wales Institute of Sport, which saw him work as a Physiologist and Coaching Assistant with the Swimming Australia Technical Hub Squad throughout 2017-2019. Jake took up a full-time Assistant Coach position at Sydney University in 2019 and set his sights developing the age group squads at Sydney Uni. He has recently graduated with a Bachelor of Exercise & Sport Science and is now completing further study in a Masters of High-Performance Sport.

“Swimming was a huge part of my teen years, with the Coach and other athletes at my junior club being influential to the person I am today. I want to instil a positive and supportive culture at Sydney Uni that will allow athletes of all ages to perform at their best across all aspects of their lives

– Jake Hodgetts | National & State Age Coach, Sydney Uni Swimming

Jake can be contacted at j.hodgetts@sport.usyd.edu.au



ANTON NIKULIN

Emerging Talent Coach

Anton started as a swimming instructor at the club in October 2015 whilst finishing a Diploma of Sports Development. Anton holds an ASCTA Bronze Coaching Accreditation.

Anton was born in Russia, but after finishing high school decided to pursue his dreams in Australia and found his passion for teaching the sport of swimming and guiding young swimmers to achieve their goals. Anton was a competitive swimmer in Russia until 2012 with a number of first places at State Level. He has recently returned to competitive swimming after a 6 year break and currently training as a member of Sydney Uni's Varsity Squad with a goal of qualifying for the Olympic Trials in the near future.

“Sydney Uni Swimming is a great place to be a part of. It is a privilege to be working with and next to the right people who are committed to achieving similar goals and share similar beliefs for the sport of swimming. My goal for Sydney Uni Swimming is to create a fun learning environment for young swimmers where they can achieve new heights with consistent practice and positive mindset and maintain a lifelong enjoyment of the sport

– Anton Nikulin | Emerging Talent Coach, Sydney Uni Swimming

Anton can be contacted at a.nikulin@sport.usyd.edu.au

Contact with Coaches

The Coaches are only too happy to speak with parents regarding their swimmer's progress.

However, during a training session or during a competition the Coaches will need to be free to concentrate on the swimmers under their charge. Parents are encouraged to remain in the stands at competition and outside the pool hall during training sessions. If parents have a query or concern, they should feel free to email their child's squad Coach and a mutually convenient time can be arranged to meet and discuss the matter.

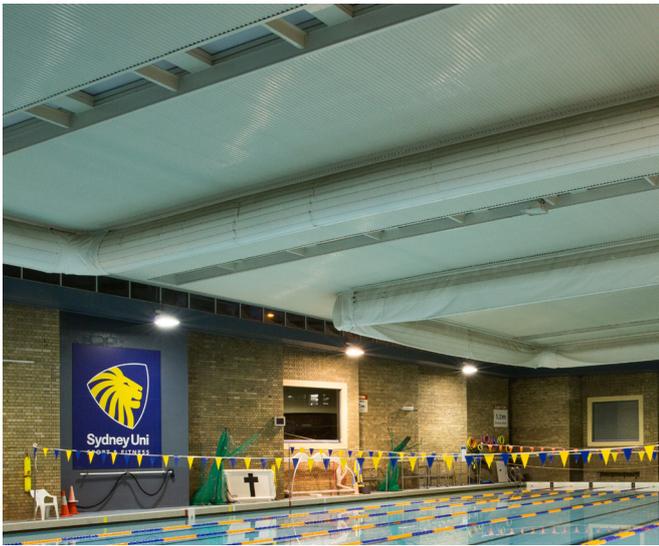


Squad Pathways



Squad	Primary Objective	Age Group	Suggested Sessions
Varsity	Preparation for National Open	School Graduates & over	8 sessions & 3 Dryland
National Squad	Preparation for National Age	13-17 yrs	8 sessions & 2 Dryland
State Squad	Preparation for Senior State Age	13-17 yrs	6 sessions & 1 Dryland
Swim fit Squad	Maintain fitness and/or compete at Club/school events	13-17 yrs	4 sessions
State Transition Squad	Preparation to transition to Senior State Age pathway	12-13 yrs	5 sessions
Emerging Squad	Preparation for Junior State Age	10-13 yrs	4 sessions
Challenge Squad	Development of all stroke technique	10-13 yrs	4 sessions
Junior Emerging Squad	Development of all stroke technique & introduction to competition	8-11 yrs	3-4 sessions
Development Squad	Development of all stroke technique	8-11 yrs	2-3 sessions

Training Schedules, Fees & Venue

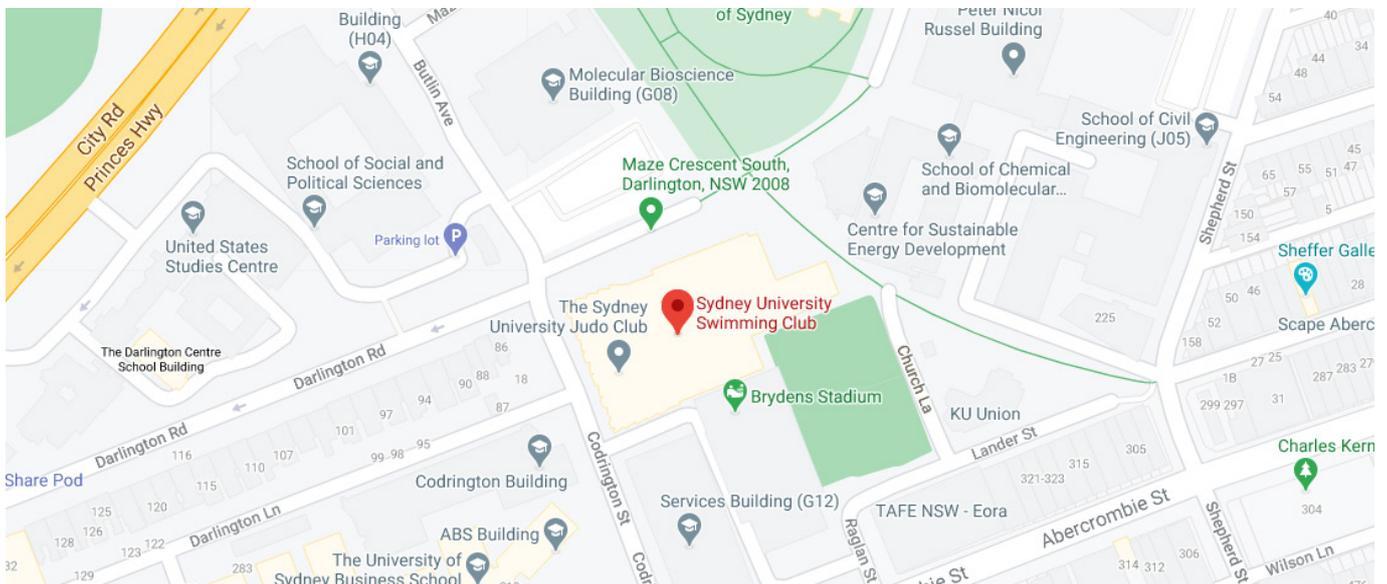


All training sessions are completed on Sydney University Darlington Campus at the Sydney University Sport & Aquatic Centre located at the corner of Codrington Street & Darlington Lane, Darlington NSW 2008.

Up to date training schedule can be found on our website via www.sydneyuniswimmingclub.com/train

Swimmers are required to be Sydney Uni Sport & Fitness (SUSF) members in order to access the facilities. The SUSF membership fee is payable annually but is not aligned with the SUSC membership fee and can be paid via direct debit or at reception.

Monthly squad fees are payable via direct debit to a credit card. Squad fees vary depending upon training squad and number of sessions attending.



Scholarships & Swimmer Support Services

Sydney University has internal physiotherapist, sports psychologist and nutritionists to assist all swimmers with their performance.



Elite Athlete Scholarship (EAP)

Sydney University Students are encouraged to apply for Sydney Uni's Elite Athlete Program. Since 1990, Sydney Uni Sport & Fitness (SUSF) has provided sporting scholarships; our Elite Athlete Program helping over 2000 Sydney University student athletes to find balance and achieve their goals. With access to a comprehensive range of benefits and services and most importantly, the care and encouragement of our staff and community, you too can realise your potential.

Elite Athlete Program members may receive:

- Academic Advice & Advocacy
- Career Services
- Tutoring
- Financial Assistance
- International Travel Grants
- SUSF Facility Access
- High Performance Services
 - Strength & Conditioning
 - Sports dietetics
 - Sport performance psychology
- Discounted Rates of Sport Medicine Services and Therapies

More information about Sydney University's Elite Athlete Scholarship Program is available via: www.susf.com.au/files/final_17498_syduni_eap_entry_booklet_2021_spreads.pdf

Applications open in September each year with early offers available in October and December before final offers are made with the commencement of Semester 1 the following year.

Club Membership

All members of Sydney University's performance squads are encouraged to join the club at the beginning of each new membership year. The membership period runs from 1st of October to 30th September of the following year. Registration can be completed via Swimming Australia's Swim Central platform. Please note that membership fees consist of several different components including fees from Swimming Australia, Swimming NSW, our regional organisation MetSEA, as well as fees from Sydney University Swimming Club. They are paid as a single combined fee.

The break down of these club membership prices:

	Swimming Australia & Swimming NSW	MetSEA	Sydney University	Total
Swimmers (8 years & Under)	\$62	\$4	\$0	\$66
Swimming (9+ years)	\$74	\$4	\$67	\$145
Varsity Swimmer (18+ years)	\$74	\$4	\$2	\$80
Non-Swimmer (Parent)	\$22.50	\$4	\$23.50	\$50

Benefits of becoming a club member:

- Affiliation with MetSEA, Swimming NSW and Swimming Australia
- 10% discount at the SOPAC Speedo shop
- Access to Sydney Uni Club Night and Club Championship Competitions
- Opportunity to compete in Area, Metropolitan, State and National competitions
- Participation in Junior Excellence Program (JX) for 9–13 year old athletes
- Participation in Youth Performance Squad (YPS) for 13–18 year old athletes
- Possible selection in Metsea Development Squad
- Possible selection in Swimming NSW and Swimming Australia Representative Squads
- Supporting a local sporting club
- Access to becoming a qualified Technical Official

In signing the application for membership all members:

- Authorise Sydney Uni Swimming Club and Swimming NSW Inc. to use and disclose, to related bodies, any personal information as may be necessary to implement the rules, regulations and policies in the Swimming Club Constitution and the Rules, Regulations and Policies as of Swimming NSW, MetSEA, and including Swimming Australia's Anti-doping, Member Protection and Privacy Policies. These are accessible via:
 - NSW Swimming: www.nsw.swimming.org.au/about-us/policies-procedures-nsw
 - Swimming Australia: www.swimming.org.au/integrity-policies-rules
- In signing the application for membership all members agree to have their name, photographs and results utilise for training, competition and promotional purposes

Swim Central

Memberships may be renewed/purchased via *Swim Central*. Please note that from this year families will be able to use their **Active Kids Vouchers** for their membership purchases. If using a voucher for a membership that is less than \$100, unfortunately there will not be a refund for the difference.

An instruction video has been provided for members on the Swim Central help page, using the following link: [Swim Central Help](#). Scroll down to "**How to purchase memberships**".

Further instructions on how to purchase membership products through Swim Central may be found **HERE**.

Please be aware that for members under the age of 18 years, one adult carer/parent is required to join as a Non-Swimmer Member.

By purchasing a membership product, you agree to the following terms and conditions:

- One adult carer must join with every underage swimmer.
- Swimmer and spectators agree to abide by the SUSF Code of Conduct which can be access via: www.susf.com.au/files/SUSF_Sporting_Code_of_Conduct_2016.pdf
- Underage swimmers must be accompanied by a supervising adult to all Club events. This has been modified due to Covid-19 restrictions but will be reinstated once restrictions are lifted and it is deemed safe to do so.
- Parents and carers are expected to assist regularly with the running of events, as timekeepers or in other functions.
- Swimmers are required to be SUSF members and keep their annual SUSF membership up to date. Note that SUSF membership is separate from SUSC membership.
- Members agree to have their photos published on the Club website and other promotional material. Please contact the club if you prefer for your child to not be photographed.

Please contact the Club Registrar on susc.clubregistrar@gmail.com if you have any membership related queries or if you need to make any changes to your details.



Communications & Social Media



Team App

Sydney University Swimming Club uses the application 'Team App' to communicate with its members about important up-coming information as well as to purchase uniforms and event tickets. Download the application and find Sydney University Swimming Club by searching 'SUSC' and requesting to join.

selection as a Coach to the New Zealand Team for the 2016 Rio Olympic Games.

Paul was awarded an Australian Swimming Coaches & Teachers Association Award for outstanding coaching achievement for Coaching athletes to National or International medal winning performances in Age Group, Open, Multi Class and Open Water Swimming in the one year and was named Swimming WA's Coach of the Year in 2015.

Paul returned to the east coast of Australia taking up the Director of Swimming role with the City of Sydney at the end of 2016 before returning to his true passion of Coaching here at Sydney University in January 2019.

Social Media

Important information, links to other events and updates of results are published regularly on our facebook and Instagram pages. To ensure you are kept up to date, please follow us using the following tags:

- Instagram: [@sydneyuniswimming](https://www.instagram.com/sydneyuniswimming) or via direct link: www.instagram.com/sydneyuniswimming
- Facebook: Sydney University Swimming Club or via direct link www.facebook.com/sydneyuniswimclub

Camps & Competitions

Training Camps & Travel Competitions

All Sydney Uni Squads usually participate in two travel meets a year, the Summer travel meet is usually the Nelson Bay Competition held in mid-January and in winter the ACT Short Course Championships in August.

Swimming Competition Season

There are two traditional seasons for swimming across Australia:

- Long Course Season: are competitions which are held in 50m pool and traditionally start in October and end in April after Australian National Age and Open Championships.
- Short Course Season: are competitions which are held in a 25m pool, which traditionally run in the winter months between May and September.

At the beginning of every season, appropriate meets are selected by the Coaches for each squad and are deemed targeted meets for the season. These targeted meets will be high priority meets which Coaches will attend and have targeted specifically in the training preparation over the duration of the season. All athletes are expected to attend all targeted meets over the season if they have qualified.

Swimmers can race at competitions outside of these targeted meets; however, no Sydney Uni Coach will be in attendance.

Swimmers are recommended to discuss all entries to all competitions with their Coach.

Sydney University Age Squads then usually participate in a training camp once a year in January which is normally held in Newcastle in the January school holidays. Sydney Uni Varsity Squad usually participate in numerous training camps throughout the year and are held at different domestic and international destinations. Last year the Varsity Squad travelled internationally for an altitude training camp in France in July and competed at the New Zealand National Short Course Championships in October.

Timekeeping

Sydney Uni is required to provide timekeepers for our Club Nights, MetSEA and NSW Swimming hosted meets at which club members are participating, as well

as some other competitions hosted by other clubs. Families of swimmers competing at these meets will be rostered on to assist with this. Information about the timekeeping roster will be sent out by our race secretary prior to an event.

Club Nights & Development Meets

Sydney Uni Swimming Club conducts Club Nights approximately once a month on a Saturday as well as a Sydney Uni Development Meet and a "last chance" qualifying meet scheduled throughout the year. Warm up usually commences at 2:00pm with races starting at 2:45pm. An email will be circulated before each club night with the program for that meet.

These meets are official and provide an opportunity for swimmers to gain qualifying times for inter-club, Area, Metropolitan and State level meets. As members of Sydney Uni Swimming Club, you will have an opportunity to enter these meets before they are open to other clubs, although be aware that online entries will close once a timeline limit has been reached.

Club Night and Open meets provide good publicity and vital fundraising for Sydney Uni as other clubs travel to Sydney Uni to compete.

Entry Procedure

Please refer to the Club Night or Development Meet Event Flyer for the program of events and it is important to discuss with your Coach about the races you should enter.

Entries are to be made via www.anotherpb.com OR Swim Central.

If you have any queries relating to the entry process, please contact our Race Secretary Carmel via suscracesecretary@gmail.com

Results

Results will be uploaded to the Meet Mobile app live throughout the meet. Results will also be made available via the Swimming Australia Results Central platform (www.swimming.org.au/events/results-central) once approved.

More information about Sydney University Club Nights can be found on our website via the link:

www.sydneyuniswimmingclub.com/about-susc

Club Records & Awards

Sydney Uni Swimming Club maintains records for men and women, and different age groups ranging from 7 & under to open records in both Long and short course events. Sydney University's Open Long Course Records are displayed on our records board behind the deep end of the pool, and our Age Group Long Course records are displayed at the Sydney Uni notice board.

The following awards are announced at the Club's Presentation Day, held after the end of the swimming year:

Sutto Award

Brian Sutton was the Coach at SUSF who established Sydney Uni Swimming Club in 1998.

This is awarded to an Age Group swimmer who has shown consistent commitment to training and club events over the past season and support team members. The winner of the award receives a trophy and the name of the winner is engraved on the shield for this perpetual award.

At the discretion of the management committee, the Club supports this award with a cash award of \$500.

Steve Alderman Award

Stephen Alderman was Sydney Uni's Head Coach until 2010.

Since inception in 2010, the award has been recognition of an outstanding High Performance swimmer. The recipient of the award is chosen from the Varsity squad, voted by their peers for outstanding performance and demonstrating great sportsmanship.

At the discretion of the management committee, the Club supports this award with a cash award of \$500.

Garry Lennon Award

Garry Lennon was a dedicated swimming Coach at SUSF until his untimely death in January 2003. The Club annually funds two scholarships in his name for our swimmers. The Garry Lennon Scholarship provides funds (up to \$1,500 each) for SUSF swimming tuition, as well as entry fees for external competitions for the following calendar year. We award one to a Varsity Athlete not already receiving financial assistance through the Elite Athlete Program Scholarship and one

to an Age Group Athlete, based on achievement.

The scholarships have traditionally been awarded to swimmers who have achieved National qualifying times and competed at those Championships.

Age Club Champion

At the summer long course Club Championships, usually conducted in April of each year, we allocate points and tally the results from the swimmers in each of the age groups across the range of events to declare a Club Age Champion. These Club Champions are presented with their Champions Towel at the annual presentation day.



Club Information

Multiclass

The club welcomes swimmers with disabilities, including physical, vision, intellectual or hearing impairment and swimmers who have received a transplant. Multiclass swimmers are fully supported in all aspects of the club and may compete in multiclass competitions.

For further information please see the Swimming Australia Website: www.swimming.org.au/swim-1/compete/multi-class

Club Uniform

The Club sells a selection of Club apparel such as the Athlete's Swim Cap, Polo Shirt and Hoodie. Please contact susc.uniform@gmail.com if you require club apparel. All athletes are required to have a Sydney Uni Polo shirt and Sydney Uni Swim Cap. Sydney Uni Hoodies are available as an optional item.

Athletes representing the Club at State events are provided with our State Team Swim Caps and those representing the Club at National events are provided with our National Team Swim Caps and an event specific uniform item to recognise their achievement. Sydney University Uniforms can be purchased at any time via the Sydney Uni Team App Store.

Swimmer Welfare & Safe Sport

Sydney University Swimming Club is committed to providing a safe and enjoyable training and competition environment for everyone. If a parent or swimmer has any concerns regarding a coaching, squad or competition related matter they should first discuss it with their Coach. If the matter is not resolved, and they would like further advice the next step is to contact Sydney University's Head Coach Paul Bruce (p.bruce@sport.usyd.edu.au) or one of Sydney Uni's Member Protection Information Officers

Member Protection Information Officer

Swimming Australia has a comprehensive Safe Sport Framework which Sydney University Swimming Club adheres to and can be viewed at <https://www.swimming.org.au/integrity-policies-rules/safe-sport-framework>.

Sydney Uni Swimming Club has appointed Member

Protection Information Officers (MPIOs) whose role is be an initial point of conduct for anyone with a concern over any alleged breach of the Safe Sport Framework. MPIOs provide impartial information about SSF policies, processes and procedures to:

- Any person with a concern arising from an alleged breach, or
- Any person against whom there is an allegation of a breach

Importantly, MPIOs have no jurisdiction to determine the method of addressing a complaint, make a decision about, or impose any disciplinary measure. MPIOs will make contact with the appropriate person/organisation designated to resolve the complaint and pass on pertinent information they have collected.

Contact details for the MPIOs can be contacted here: susc.mpio@gmail.com



Fundraising & Sponsorship

Fundraising & Sponsorship

The majority of the Club funds come through via our annual membership fees and the Swim meets we run. To continue to offer the support to our swimmers at the level we do, we rely on the generosity of our membership, through their fundraising and sponsorship.

We are a member of the Australian Sports Foundation who conduct raffles and sell tickets on our behalf. The Club receives double the amount of tickets purchased through this web page: playforpurpose.com.au/sports/sydney-uni-swimming-club

The Club also has a Sponsorship offering ranging from as simple as sponsoring our Club Night events and equipment sponsors, through to Club and Facility sponsorship packages. If you, your business or someone you know is interested in finding out more about sponsoring our Club, please contact any of our Coaches or Club Committee members and we are more than happy to discuss opportunities for mutual benefit.

Parent/Carer Involvement & Volunteering

Local swimming clubs depend upon parent involvement in a variety of roles. Parents can get involved in many ways to help the Club and the chosen sport of their child:

- Help out at Club Nights including timekeeping
- Assist at fundraising events
- Join the Management Committee
- Become an accredited technical official
- Donate raffle prizes to the club

Swimming is a sport that requires a large number of technical officials to run an event under Swimming NSW rules. Club Nights can only be run with the assistance from many parents/carers. A roster for technical officials will be prepared for each Club Night to enable all parents to be involved. If you have been rostered on, but unable to help on this occasion, please advise the Club as early as possible so that a replacement can be found.

Being an official is an excellent way of supporting your children in their favourite sport. Without Technical Officials there will be no swim meets and therefore the swimmers have no competition. If you are interested in obtaining qualifications in any of the Technical Official positions please go to the Swimming NSW Website for more information at www.nsw.swimming.org.au/technical-officials/join/become-a-TO

Please speak to a parent committee member for further information!



Codes of Conduct

COVID19

To ensure the safety of our athletes and Coaches during the COVID pandemic, new training and competing protocols have been put in place. For a complete list of all protocols please head to our COVID-19 Code of Conduct available on our website: www.sydneyuniswimmingclub.com/about-susc

Sydney Uni Sport & Fitness (SUSF)

As a proud club of Sydney University Sport and Fitness Sydney University Swimming Club follows the following SUSF codes of conduct:

SUSF Sporting Code of Conduct:

www.susf.com.au/files/SUSF_Sporting_Code_of_Conduct_2016.pdf

SUSF Privacy Policy:

www.susf.com.au/files/2016_SUSF_privacypolicyedit.pdf

SUSF Terms & Conditions:

www.susf.com.au/files/15669_sydnunsp_update_documents_terms__conditions.pdf

Sydney Uni Swimming Club

Swimmers Code of Behaviour

The Sydney University Swimmers Code of Conduct can be found on our website via:

www.sydneyuniswimmingclub.com/about-susc

Parents Code of Behaviour

The Parents & Carers Code of Conduct can be found on our website via:

www.sydneyuniswimmingclub.com/about-susc

Contact Information

Affiliations

Sydney University has affiliations with the following organisations:

- Sydney University Sport & Fitness – www.susf.com.au
- Swimming Metro South East Area – www.metsea.swimming.org.au
- Swimming NSW (SNSW) – www.nswswimming.org.au
- Swimming Australia (SAL) – www.swimming.org.au

Club Management & Contact Information

The Club is managed by a committee elected at the Annual General meetings.

The 2020–2021 Club Committee:

Position	Name	Contact
President	Ben Lindsay	susc.president@gmail.com
Treasurer	Thomas Goddard	susc.treasurer12@gmail.com
Secretary	Elliott Earnshaw	suscrecretary@gmail.com
Race Secretary	Carmel Kanaley	suscracesecretary@gmail.com
Club Registrar	Karen Greenland	susc.clubregistrar@gmail.com
Uniform Officer	Annie Goodman	susc.uniform@gmail.com
Vice President	Irek Kowalski	
Vice President	Sarah Welfare	
Assistant Treasurer	Frances Shires	
Sponsorship	Carl Wilson	
Fundraising	Avril Ward	
Marketing & Communications	Cormac Guthrie	
Marketing & Communications	Shanti Hughes	
Age Group Team Manager	Donna Kerves	
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Life Members: Sam Gardner-Wade & Carmel Kanaley

To contact any committee members please do so via our secretary contact details above.



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